

Grief Groups

We currently have grief groups three times a year;

November -January: Tangled Blessings, a seasonal grief group. This is the most popular group.

https://drive.google.com/drive/folders/1DEXnLpCJ7uQdWtEJHyfiv-i77P18Is1q?usp=share_link

March-April: Grief Circle using Alan Wolfelt's Understanding Your Grief

https://drive.google.com/drive/folders/1i_-qflkD6s4-nv7TQ3R28HQPWOi1DdLB?usp=share_link

July-September: Grief Circle using the work of Megan Devine.

https://drive.google.com/drive/folders/1i_-qflkD6s4-nv7TQ3R28HQPWOi1DdLB?usp=share_link

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