

Caring in Complexity

This is a group for parents and caregivers of young adults who are living with complex mental health and medical needs. It was created by Jody Anderson and Cheryl Hazlitt.

Here is the curriculum: <https://docs.google.com/document/d/1cytB3a-tmadf5EwsxDxX2VHvWEIjk9NeAFpRpJswkvs/edit?usp=sharing>

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